



Herald

St. Alban's Mission:
"Christ-Centered, Radically Embracing People and Creation"

A MONTHLY NEWSLETTER FOR THE MEMBERS AND FRIENDS
OF SAINT ALBAN'S PARISH, SALISBURY, MARYLAND



HAPPY
Valentines
D • A • Y

" We're known for our actions. The power of love is in the sacrifice and commitment it requires. Sacrifice and commitment always travel with love and action. Love looks like showing up with hands to help even when we don't know what to do. Love looks like stopping by even if we don't know what to say. Simply put, love doesn't just think about it; love does it."

Live in Grace, Walk in Love by Bob Goff





Published monthly: Send articles & photos by the 3rd Sunday of the month.

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Sunday Worship

9:30 AM



FEBRUARY 2022

SUNDAY, FEBRUARY 6:
Holy Eucharist Rite I Service, 9:30am

SUNDAY, FEBRUARY 13:
Holy Eucharist Rite II Service, 9:30am

SUNDAY, FEBRUARY 20:
Holy Eucharist Rite I Service, 9:30am

SUNDAY, FEBRUARY 27:
Deacon Mass, Rite II Service, 9:30am

St. Alban's: Christ-Centered, Radically Embracing People and Creation

 This is our identity as a parish, which we articulated with these words. We endeavor to follow Christ in welcoming "all sorts and conditions of [humanity]." We offer baptism and eucharist to all, and the pastoral offices of reconciliation, ministry to the sick, and Christian burial to those who ask. We do not discriminate with regard to gender, ethnicity, or sexual orientation or identity, or mental capacity. With regard to marriage, our policy is to meet all couples desiring a Christian wedding. The legal requirements, both civil and church, must be met. We do not discriminate on the basis of gender. However, the clergy may decline to officiate for other reasons.

Angels' Corner

Angels around us, angels beside us, angels within us. Angels are watching over you when times are good or stressed. Their wings wrap gently around you, whispering you are loved and blessed.

We are each of us angels with only one wing and we can only fly by embracing each other.

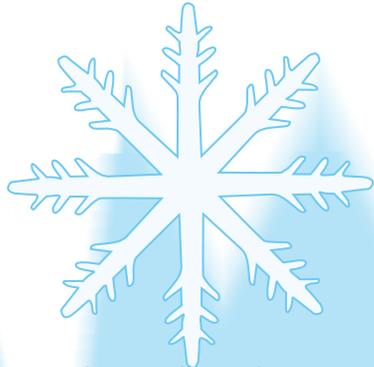
-Luciano de Crescenzo

Senior Warden's Corner

Jim Cockey - January 2022



In the bleak mid-winter
Frosty wind made moan
Earth stood hard as iron,
Water like a stone;
Snow had fallen, snow on snow,
Snow on snow,
In the bleak mid-winter
(Not so) Long ago.



I have always loved Hymn 112 (from the poem by Christina Rossetti) for the dark, haunting beauty of the words and the music. It speaks to me especially strongly now. The weather is harsh. The pandemic unleashes 'snow on snow; frosty, moaning winds; and ice' on all. And our beloved church is in its third year without a spiritual leader.

And yet we carry on in our bleak mid-winter. We have found ways to worship, to sing, to serve, to pray and study together. How is this possible?

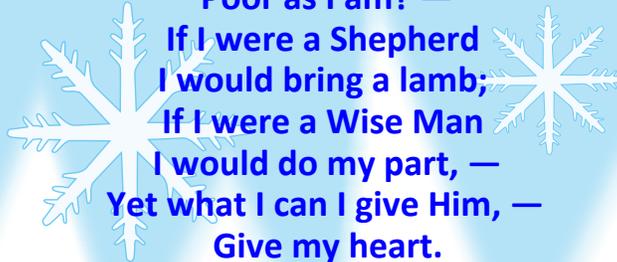
Our God, heaven cannot hold Him
Nor earth sustain,
Heaven and earth shall flee away
When He comes to reign:



Jesus came to reign at Christmas. Jesus manifested himself at Epiphany. God has always reigned, throughout creation, and at St. Alban's. Although we struggle on an "earth...hard as iron", God is always with us. We have survived and will survive.

How do we survive?

What can I give Him,
Poor as I am? —
If I were a Shepherd
I would bring a lamb;
If I were a Wise Man
I would do my part, —
Yet what I can I give Him, —
Give my heart.



We survive by giving up our hearts and our selves to God, in loving service to our neighbors, to the church and to the world. This is what St. Alban's has done since its founding, and it is why we will persevere and thrive until the glorious spring that awaits us.

VESTRY UPDATE

ANNOUNCEMENTS

Old business:

Finance

Pledges for 2022

Date:	1/8/2022	
	# pledge	pledge
2021	59	\$ 135,980.00
2022	55	\$ 142,404.04

Building property

Breezeway roof leak: Peninsula Roofing responded in a timely manner to repair for a second (and hopefully final time) the leak in the middle of the corridor next to the Parish Hall. Hope it holds. The location is a difficult one underneath the large rooftop duct.

Facility utilization: The request to use the Parish Hall and Kitchen for a spaghetti dinner by LSI in February was not approved for two reasons: the Omicron surge and intention to use the range/oven for meal preparation. The consensus of the Vestry last year is that outside groups will not be allowed to use the range/oven for any purpose.

Building Security: Right after the new year, the exterior kitchen door was found unlocked. Please remind all liaison team members with building keys to always lock up when leaving.

Worship

Worship/building - After Lucille Kantes' funeral, the candles were left burning and the building unlocked while the funeral party went to the cemetery. For future funerals, we need an altar guild member present to take charge after the funeral.

Mike will be scheduling the lectors, EMs, and VPoDs.

Finance

Recommendations from Audit - Nancy is working on implementation. They will be completed by the February Vestry meeting.

Fellowship:

Plans are made to have a social events for February through May. Because of COVID 19, these events will be either online (trivia night/April) or take place in a safe way (King Cake Cupcakes delivered/February, Soup to Go for Lent Lunches) and hopefully a picnic outside in June. More information will be shared with parishioners at a later date.

We had to cancel the in person celebration for Arlene but we did not want to wait to show her love and appreciation for all her work as Senior Warden. She will be presented (in her home) with flowers, wine, chocolates and a special wood box made by Katherine West. The box will have parishioners' greeting cards as well as massage gift certificate and other gift certificates to restaurants that she enjoys (and that deliver).

General

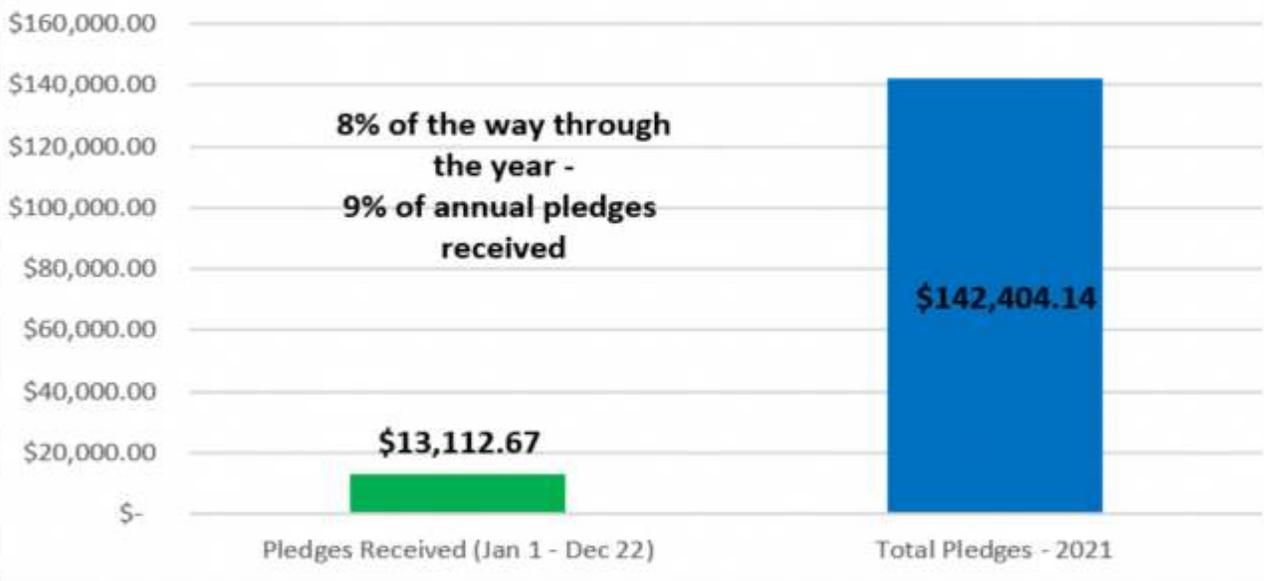
The virtual Convocational meeting (2/2/22) and virtual Diocesan Convention (3/5/22) - all of our delegates and alternates are credentialed

MONTHLY FINANCIAL UPDATE

By: Shelly Madsen, Pledge Secretary



2022 Pledge Information - Jan 1 - Jan 28



\$2,338.08 received year to date in plate income

Black History Month

Black History Is American History

By: The Rev. Alisha King

Dr. Carter G. Woodson, an author and historian, launched Negro History Week in February 1926, choosing that month also to honor the birthdays of Abraham Lincoln and Frederick Douglass. Woodson wrote of the purpose of Negro History Week as: "It is not so much a Negro History Week as it is a History Week. We should emphasize not Negro History, but the Negro in History. What we need is not a history of selected races or nations, but the history of the world void of national bias, race hatred and religious prejudice". The idea of a Negro History Week was a popular one, and to honor Negro History Week parades, breakfasts, speeches, lectures, poetry readings, banquets and exhibits were held to honor it. The Black United Students and Black educators at Kent State University expanded this idea to include an entire month beginning on February 1, 1970. Since 1976, every US president has designated February as Black History Month.

My earliest memories of Black History Month are as a child growing up in rural South Carolina, during the 80s. My hometown was a community that didn't fully desegregate public schools until the 1970s.

The first day of February was spent with some time at the local branch of our bank. My mother would withdraw a sum of money and request that it be in \$2 bills and Susan B. Anthony dollar coins. The Blacks in my community spent most of our cash during the month of February with local merchants in this form. Most cash register drawer didn't have spaces designated for \$2 bills and the Susan B. Anthony coins. As Black consumers spent those bills and coins during February, businesses were forced to recognize the purchasing power of our community. Experience says some progress in race relations, at least in my small town was directly related to that showing of economic impact.

So, to me Black History Month is a time spent recognizing the giants on whose shoulders I stand, while actively moving forward to make our time one more like what Dr. Woodson spoke of "...the world void of national bias, race hatred and religious prejudice"

Joseph House check presentation



Sona Morrison, second from right, and Gregory Glass, right, parishioners at St. Alban's Salisbury, present a check to Sister Jennifer Fletcher, left, and Sister Connie Ladd, members of the Little Sisters of Jesus and Mary, for use at Joseph House, a non-profit organization that helps the poor and homeless of the Lower Shore counties of Maryland and Virginia and southern Delaware with a soup kitchen, financial assistance, a food pantry and a hospitality room. The check represents proceeds from a COVID-19-friendly December fundraiser at St. Alban's, at which parishioners prepared and sold soup, bread and cookies. The parish traditionally has hosted post-service soup lunches during Advent to raise money for Joseph House. Shelly Madsen, a parishioner who organized the fundraiser, said the parish raised \$800.29 for the organization.

The Rivers' Clan



THE RIVERS' CLAN - THANKSGIVING/CHRISTMAS

BY: AUDREY RIVERS

The entire Rivers' family was in Salisbury for four days for Thanksgiving and Christmas, the first time since COVID-19 shut the country down. It was a very, very enjoyable time! We celebrated Christmas on Friday so no family in Salisbury for Christmas, - as is our custom - all stayed home with their families.

Gazing with Love on Another

How often do we really see another person as the beautiful gift they are? Perhaps this happens sometimes with those we love, where we are caught in a moment of grace and see them in all their wondrousness and feel full of gratitude for their presence in our lives.

Maybe you have a moment where your eyes meet, and you hold each other's gaze for a few breaths as an act of seeing each other with love. . . .

We can intentionally bring this gaze of love to others. You can practice this with a beloved one or a very dear and close friend. You might try setting a timer for one minute and just sit together, eyes softly receiving each other while breathing together and praying quietly in your hearts.

Breathe in: I see you with love
 Breathe out: gifted, cherished.
 Breathe in: Grateful
 Breathe out: for who you are.

This can be a very intimate and vulnerable moment because we so rarely spend this kind of time simply looking at another person with love and care.

We can also bring this practice out into the world. How often do we really see another person beneath their role, under our expectations? What if we paused at the grocery store and for a moment brought eyes of love to the stock clerk or the cashier. They don't have to know what you're doing. You don't have to stare, just take in their image, then close your eyes for a moment, breathe, and bathe them with love. Pause and see the other person as beloved and beautiful as they indeed truly are.

Christine Valters Paintner, Breath Prayer: An Ancient Practice for the Everyday Sacred (Minneapolis: Broadleaf Books, 2021), 165-166.

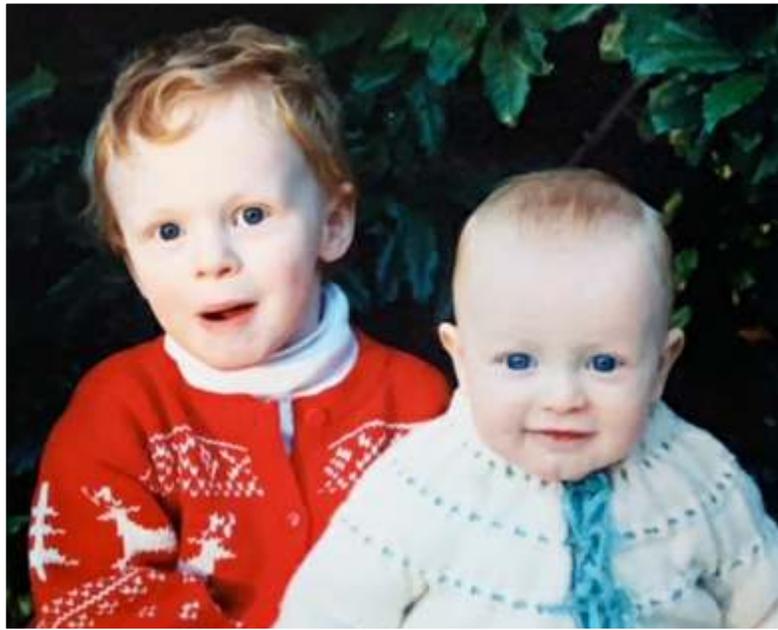
Worship Epiphany Blessed Chalk

Epiphany 2022 Door

PHOTO BY: NANCY LINCK



The Many Faces of Love



Katherine West

**People we love- Jonathan and Alex West
in 2004, and in 2021!**



**Don and Sandy Grim
great granddaughters,
Naomi and Amelia.**





Jim & Cathy Cockey's son, Will and family; wife Nicole, son Finn, daughter Sasha



Jim & Cathy Cockey's daughter, Mary; husband Dan, daughter Mae, sons Ted & Ben



Megan Caton - Carter- Golden Retriever age 2, Miso- Dutch Sheppard age 11, Glock- Belgian Malinois 9

Celebrating The Ministry Of Arlene, Becca, and Kim



Photos by: Katherine West

On Sunday, January 9, we celebrated the ministry of Becca, Kim, and Arlene and thanked them for their service to St. Alban's as members of the vestry. Kim and Arlene served two terms on vestry, and Arlene has served as senior warden for four years.

On behalf of the entire community of St. Alban's, we want to express appreciation for all that our leadership has done during this time of transition.

Arlene White: there is no way to express the gratitude for your work as the Senior Warden. You have faithfully lead through some of the most challenging times with the absolute love of this church community.

We are all so thankful Arlene, Becca and Kim who are finishing their terms of office.



THE 2022 VESTRY

The new year has begun and The 2022 Vestry is happy to be of service. Please feel free to contact them with any questions or concerns. Here is a list of the 2022 Vestry Members and the areas of their responsibility.

2022 ST. ALBAN'S VESTRY

Jim Cockey (2022) Senior Warden

Vic Evans (2024) Junior Warden / Internal Property

Jeremy Cox (2022) Communications

Steve Crabill (2024) Care of Creation/External Property

Mary Doak (2024) Care of Neighbor / Pastoral Care

Richard Hunter (2023) Christian Formation

Cristina Machin (2022) Fellowship

Nancy Linck (2023) Finance

Mike Mathers (2023) Worship

Greg Glass, Treasurer

Judy Gracey, Registrar

Kelly Neuharth, Recording Secretary

Shelly Madsen, Pledge Secretary



CHM

Chesapeake Housing Mission

by: Katherine West

On Saturday, January 22, Charles Dimola, Howard Doak and Katherine West built steps and a deck for Mrs. Vinson in Eden. It was a cold and snowy day, but the work went quickly thanks to lots of help from the Chesapeake Housing Mission. Mrs. Vinson thanked us with a homemade mandarin orange cake.





St. Alban's and Community News



CARE OF NEIGHBOR



FENIX YOUTH PROJECT

By Mary Doak

In 2014, poet and activist, Amber Green, founded Fenix Youth Project Inc. in Salisbury. The mission was simple: To empower youth to use their creative talents to impact social change. In November 2020, they opened the only Drop-In Center for homeless youth on the Lower Shore. Today, young people seek support at FYP for many reasons, including physical and mental health issues, LGBTQ issues,

Employment issues, and issues with The criminal legal system. Early intervention and help are critical to helping youth succeed. The Vestry has voted to support FYP with a monetary donation. However, anyone can help! For information go to fenixyouthproject.org



Sunday Altar Flowers

The Vestry Care of Neighbor representative, Mary Doak, would like you to let her know of any parishioner who would appreciate having the Sunday altar flowers delivered to them. This could be someone who is homebound, who is experiencing a medical issue, or who is unable to come to church for any reason. Their name would go on a list and Mary would contact them about receiving the flowers.

Mary's email address is marydoak@gmail.com and her telephone number is 410-603-7679.



PRESS RELEASE

CITY HIRES NEW DIRECTOR OF HUMAN RESOURCES

Mayor Jake Day is pleased to announce that the City of Salisbury has hired Megan Caton to lead its Human Resources Department after conducting a thorough national search for candidates.

"We look forward to welcoming Meg and her expertise to Team SBY. She joins a strong group of directors and departments who work together to provide services for one of the fastest growing cities in the state of Maryland," shared Mayor Jake Day. Read the full press release and share at <https://salisbury.md/?p=54186>



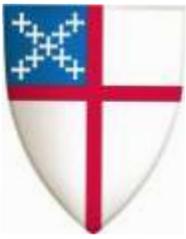
Hands and Hearts Ending Homelessness - formerly CESP

This volunteer run organization is looking for some more volunteers.

We have openings available for you.

Please contact Walter Davidson at 410-251-4890

<https://www.signupgenius.com/go/10C0F49ACAE2DA6F4C43-check>



Saint Alban's Herald

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Christopher Filippelli

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